

# Youth Instructional Hockey League

## 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, & 9<sup>th</sup> Grade Boys and Girls!

**When** Wednesday's... March 11<sup>th</sup> through April 22<sup>nd</sup>  
**Where** East Alton Ice Arena  
**Time** 5-5:30p "Chalk Talk"; 6-7p On Ice Instruction  
**Cost** \$100.00 for 6 "Chalk Talk" & 6 on ice instruction sessions

The 1<sup>st</sup> off Ice session is for Players and Parents and will be on 3/11 at 5pm. It will be an informational hour of instruction on the program, equipment, how to put on the equipment, skate sharpening, stick length, and ice hockey in general. No Class on 3/25

### The program is designed for the beginning Skater's/Players

Program Highlights Fundamental Instruction on:

- ✓ Proper use of inside and outside edges
- ✓ Forward / Backward Stride
- ✓ Stopping & Crossovers
- ✓ Stickhandling
- ✓ Shooting

#### Required Equipment

- Helmet with Full Cage
  - Hockey Pants
  - Elbow Pads
  - Gloves
  - Mouth Piece
- Hockey Skates
- Shoulder Pads
- Shin Guards
- Hockey Stick
- Jersey

If you purchase 8 pieces of equipment listed above you will receive a 15% discount in the Pro Shop

Contact Larry Thatcher at [icehky5@charter.net](mailto:icehky5@charter.net) (618-444-1112) or  
Katie McKeon [krhsk8@gmail.com](mailto:krhsk8@gmail.com) (618-802-0175) for more information

PLAYER'S NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_  
STREET ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
e-mail: \_\_\_\_\_ @ \_\_\_\_\_  
HOME PH: ( ) \_\_\_\_\_ WORK PH: ( ) \_\_\_\_\_ CELL PH: ( ) \_\_\_\_\_

There are no pro-rated fees for late registration. **There are no refunds.**

**CONSENT WAIVER:** I, the undersigned player, parent or legal guardian of the above named player, or minor player, do hereby give consent to the East Alton Ice Arena, and East Alton Civic Rink Management, Inc. its agents, officers and representatives for emergency medical treatment to be rendered to the above named player, or minor player, in event of injury occurring in the course of participation in the East Alton Ice Arena Instructional League. I further state that I am aware that ice hockey is a physically demanding sport, involving physical contact. I release the East Alton Ice Arena, and East Alton Civic Rink Management, Inc., its agents, officers and representatives from any liability for injuries or other loss as a result of such participation. Furthermore, I agree to abide by the rules and regulations as set forth from USA Hockey playing rules, and the East Alton Ice Arena. I further state that I have attached, INITIAL IF ATTACHED, ( ) a statement of any disabilities, disorder or medical conditions or limitations for the above named player.

\_\_\_\_\_  
**SIGNED**

\_\_\_\_\_  
**DATE**

MAIL, DROP OFF OR FAX COMPLETED FORM WITH YOUR PAYMENT TO:

***We accept, cash, Mastercard, Visa, Discover, or checks;*** PAYABLE TO: EAST ALTON ICE ARENA  
East Alton Ice Arena, 631 Lewis & Clark Blvd. East Alton, IL 62024 FAX: 618-254-7479

Date Rec'd: \_\_\_\_\_ Amount: \_\_\_\_\_ Method of Payment: \_\_\_\_\_ Chk/Recpt#: \_\_\_\_\_ Rec'd By: \_\_\_\_\_